**Spiritual Disciplines Handbook Practices That Transform Us Adele Ahlberg Calhoun**


The Workbook on Spiritual Disciplines Effective counseling depends on mastering basic communication skills. In this integrative, classroom-ready text, Elisabeth Nesbit Shanotto, Heather Davediuk Gingrich and Fred Gingrich break these skills into manageable microskills and connect them to insights and practices from Scripture, theology and spiritual formation.

**Almost Holy Mama**

From Ordinary Woman to Spiritual Leader Jesus consistently demonstrated his concern and love for the whole person, and that task is carried forward today by church leaders. Based on the 2018 CPT conference, this volume brings together reflections by pastors, theologians, and psychologists who explore the relationships among three fields of study—theological anthropology, spiritual formation, and modern psychology—resulting in a vibrant whole-person theology.

Walking and Talking with God Some invitations we desperately want: “Will you marry me?” “Would you consider a promotion?” Other invitations we never want to receive but must respond to all the same: “What treatment do you want for your tumor?” Invitations pound away at the coastlines of the soul with a transforming force. God is also sending invitations. Sometimes they seem less compelling than anything on my to-do list. Why would I want to say yes to the invitation to rest when I’m already so far behind? Why follow when I could lead? Why accept invitations to weep or to admit I am wrong or to wait? Saying yes might slow me down, sabotage my agenda and even undo who I think I am. Adele Calhoun, author of the popular Spiritual Disciplines Handbook, offers a book about invitations like these—divine invitations we miss or ignore because we’ve said yes to going with the cultural flow. While these invitations from God can sometimes be difficult to accept, they can heal and restore even as they shape where we go, what we do and who we become. What we say yes to, what we say no to forms the terrain of our future. Included in this book are reflection questions and exercises as well as overview charts with recommended disciplines to guide you through each theme. As you attend to the often hidden, quiet voice of the Great Inviter, you will find yourself as God created you to be.

A Man's Guide to the Spiritual Disciplines Much has been written for adults about their spiritual formation and about the practice of classic spiritual disciplines. Very little has been written for adults who work with children on how to guide children in practices that form their spirit toward Christlikeness. Spiritual Disciplines for Children offers readers the tools they need personally—and the tools they need practically—to guide children in Christian spiritual disciplines using twelve spiritual disciplines. Concrete activities for readers to do with their children are provide at the end of every chapter. Reproducible pages are also included at the end of some chapters. These activities offer children enjoyable and meaningful experiences. Guided conversation ideas are a part of each activity to help adults build relationships and understanding and communicate on a child's level. The subject matter is serious, inspirational, and practical. It is intended to inspire and equip adult Christian readers to begin the practice of spiritual disciplines with intentionality and commitment in their lives and in their children's lives. The challenge is given to continue in these practices until, in both adult and child, they become lifelong patterns and habits. These patterns and habits allow the Holy Spirit to form their spirit and character toward Christlikeness and a closer, more intimate relationship with God.

Spiritual Disciplines Handbook With the honesty of a close friend, the hilarity of a late-night comic, and the humility of a mom up to her eyeballs in diapers and dishes, Courtney Ellis invites us on a journey to draw closer God amid the joyful, mundane, exhausting days of young parenthood. Probing ancient Christian practices for renewal, Almost Holy Mama chronicles one mom's quest to discover an answer to her most pressing question: Can God use the challenges of parenthood to grow your character? You long to spend time with God and catch your spiritual breath, but you find yourself honestly wondering how and when? Ellis gets its. Its hard to carve out space for a quiet moment with God, let alone a quiet time! Instead of adding more tasks to your plate, Almost Holy Mama will help you integrate your spiritual practices into your daily life. From studying Scripture in the shower to listening in prayer at the foot of Laundry Mountain, Ellis finds that meeting God in sacred disciplines can breathe new life into one of life's most joy-filled and trying seasons.
Morning Resolve Adele Calhoun’s Spiritual Disciplines Handbook has become a standard for those who want to expand their knowledge of spiritual practices. Now this beloved resource has been revised throughout and expanded to include thirteen new disciplines along with a new preface by the author, giving us practical guidance in our continuing journey toward intimacy with Christ.

Celebration of Discipline “DE TOVENAARSRING heeft alle ingrediënten voor direct succes: samenzweringen, intriges, mysterie, dappere ridders en opbloeiende relaties, compleet met gebroken harten, bedrog en verraad. Het zal je urenlang boeien, en is geschikt voor alle leeftijden. Aanbevolen voor de permanente collectie van alle liefhebbers van fantasy.” --Books and Movie Reviews, Roberto Matos

In EEN EED VAN BROEDERS komen Thorgrim en zijn broeders uit het land van de doden, meer gedreven dan ooit om Guwayne te vinden. Ze vervolgen hun reis over een vijandige zee en komen op plaatsen die hun wilde drømen te boven gaan. Terwijl ze steeds dichter bij Guwayne komen, worden ze geconfronteerd met obstakels die hen op de proef zullen stellen en hen zullen dwingen al hun training te benutten en al broeders de strijd aan te gaan. Darius komt in opstand tegen het Rijk en weet een leger te bijeen te krijgen terwijl hij het ene slavendorp na het anderen bevrijdt. Tegelijkertijd moet hij opnieuw tegen verzetskundige steden, tegen een leger dat duidelijk keer zo groot is als het zijne, roept hij al zijn instinct en moed op, vastberaden om te overleven, vastberaden om te winnen en om naar vrijheid te streven, zelfs als hij daarvoor zijn leven op het spel moet zetten. Gwendolyn, die geen andere keus heeft, leidt haar mensen door de Grote Woestijn, dieper het Rijk in dan iemand ooit is gegaan, op een zoektocht naar de legendarische Tweede Ring—de laatste hoop voor haar mensen, en de laatste hoop voor Darius. Maar onderweg zal ze afschuwelijke monsters en verschrikkelijke gebieden tegenkomen, en er is een opstand onder haar eigen mensen die zelfs zij misschien niet zal kunnen stoppen. Erec en Alistair zellen naar het Rijk om hun mensen te redden. Onderweg stoppen ze bij verborgen eilanden, vastberaden om een leger bij elkaar te krijgen—zelfs als het betekent dat ze moeten onderhandelen met huurlingen en een dubieuze reputatie. Godfrey ziet diep in Volusia en diep in de problemen wanneer zijn plan van kwaad tot erger gaat. Hij wordt gevangen genomen en voorbereid op zijn executie, en zelfs hij ziet geen uitweg meer. Volusia vormt een alliantie met de meest duistere tovenaar, en terwijl ze hoger op de ladder klimt overwint ze iedereen die haar in de weg staat. Machtiger dan ooit tevoren brengt ze de strijd naar de treden van de Hoofdstad van het Rijk—tot ze recht tegenover het hele leger van het Rijk staat, een leger dat zelfs dat van haar in het niet doet vallen. Het toneel is vrijgemaakt voor een epische strijd. Zal Thorgrim Guwayne vinden? Zullen Gwendolyn en haar mensen overleven? Zal Godfrey kunnen ontsnappen? Zullen Erec en Alistair het Rijk bereiken? Zal Volusia de volgende Keizerin worden? Zal Darius zijn mensen naar de overwinning leiden? EEN EED VAN BROEDERS is een episch verhaal van vrienden en geliefden, rivalen en minnaars, ridders en draken, intriges en politieke machinaties, van volwassen worden, van gebroken harten, van bedrog, ambitie en verraad. Het is een verhaal van eer en moed, van lotbestemming en tovenarij. Het is een fantasie die ons meeneemt naar een wereld die we nooit zullen vergeten, en die alle leeftijden zal aanspreken. “Een levendige fantasy waarbij elementen van mysterie en intrige vorm de verhaallijn zijn verweven... Voor wie op zoek is naar stevige fantasy avonturen bieden de protagonisten en de actie een krachtige serie ontmoetingen die de focus leggen op Thors evolutie van een dronken kind naar een jong volwassen die geconfronteerd wordt met onmogelijke overlevingskansen... Slechts het begin van wat een epische tiener serie belooft te worden.” Midwest Book Review (D. Donovan, eBook Reviewer)

Training with Jesus Filled with honest personal stories and relatable examples from Scripture, Transformed, Not Conformed offers a respite from society's demands to be Pinterest perfect, using a fresh approach to the spiritual disciplines. In addition to helping you create habits of Bible reading, meditation, prayer, silence, solitude, and fasting that you can stick with, Missy highlights the benefits of connecting with God through journaling and worship. Drawing from the hills and valleys of her own transformation journey, Missy paves the way for igniting (or reigniting) a love for Christ and a deeper approach to the spiritual disciplines. In addition to helping you create habits of Bible reading, meditation, prayer, silence, solitude, and fasting that you can stick with, Missy highlights the benefits of

Het feest van de navolging / druk 1 Adele Calhoun's Spiritual Disciplines Handbook has become a standard for those who want to expand their knowledge of spiritual practices. Now this beloved resource has been revised throughout and expanded to include thirteen new disciplines along with a new preface by the author, giving us practical guidance in our continuing journey toward intimacy with Christ.

Een Eed Van Broeders (Boek #14 In De Tovenaarsring) Het vergeten meesterwerk van een van de grootste Joodse denkers van de 20ste eeuw. Heschel beschrijft hoe de mens in de loop van de geschiedenis ervaring is gaan krijgen van een zich openbarende God. Puttend uit Bijbelse en Joodse bronnen voert hij pleidooi voor een universele Godsbeleving die consequenties heeft voor hoe we als mensen met elkaar omgaan.

Reisgenoten Awaken to the Call God Has for Your Life You were made for more than a life of holy discontent – more than the frustrating sense of sitting on the sidelines of your own life's purpose. From the beginning, Jesus has beckoned us out of passivity and into a high-stakes adventure with hearts fully alive, lives fully engaged, and the courage needed for both. With a heart-stirring message and compelling stories, founder of Jesus Culture and pastor Banning Liebscher will equip you with practical guidance to be and do all that God has called you to. The Three-Mile Walk video Bible study draws from the biblical story of Jonathan who, after a treacherous three-mile hike, boldly stepped into battle and watched God work a stunning victory in the midst of impossible odds. Likewise, Liebscher presents the three key attributes you need to fully engage your mission – courage, holiness, and faith. In his power-packed memorable style, Liebscher offers fresh insight and instruction for answering your calling with a courageous “yes,” and setting out on the journey of a lifetime. You are meant to change the world. It's going to be tough, surprising, and more fulfilling than you can imagine. You just need the courage to rise up and walk it out. Sessions include: Awakened to the Call Call to Holiness Call to Courage Call to Faith Engaging the Call Designed for use with The Three-Mile Walk Video Study (9780310120575), sold separately. Streaming video also available.
Spiritual Disciplines Devotional Voor de fans van Sarah Young en Rachel Held Evans: ‘Reisgenoten’ van Sharon Garlough Brown vertelt over vieren die op zoek gaan naar God en daagt je als lezer uit om hetzelfde te doen. Vier vrouwen ontsnappen elkaar in een christelijke retraitecentrum: Hannah, een predikante die niet in de gates heeft hoe vermoed je is. Meg, een weduwe van wie de kinderen net het huis uit zijn gegaan en die worstelt met gebeurtenissen uit haar verleden. Mara, wie leven is bepaald door afwijzing en die haar huwelijk ziet afbrokkelen. En Charissa, een hardwerkende studente die in alles het juiste wil doen. Samen met hen ga je op een spirituele reis waarin ogen worden geopend, belemmerende gedachten losgelaten en oude wonden genezen.

‘Reisgenoten’ is zowel een heerlijke roman vol herkenning als een inspiratiebron voor je eigen geloofsleven. Ben je op zoek naar nog meer uitdaging? Achter in het boek zijn de creatieve oefeningen uit het verhaal opgenomen, zodat je die zelf kunt doen of bijvoorbeeld met je vriendinnen of een bijbelstudiogroep.

Emotionally Healthy Spirituality In this revised bestselling book, Peter Scazzero outlines a roadmap for discipleship with Jesus that is powerfully transformative. He unveils what’s wrong with our current definition of “spiritual growth” and offers not only a model of spirituality that actually works, but seven steps to change that will help you experience authentic faith and hunger for God. Peter Scazzero learned the hard way: you can’t be spiritually mature while remaining emotionally immature. Even though he was the pastor of a growing church, he did what most people do: Avoid conflict in the name of Christianity Ignore his anger, sadness, and fear Use God to run from God Live without boundaries Eventually God awakened him to a biblical integration of emotional health and the spiritual practice of slowing down and quieting your life for to experience a firsthand relationship with Jesus. It created nothing short of a spiritual revolution in Scazzero, in his church, and now in thousands of other churches. In this updated edition, Scazzero shares new stories and principles as he outlines his journey and the signs of emotionally unhealthy spirituality. Then he provides seven biblical, reality-tested ways to break through to the revolutionary life Christ meant for you. Check out the full line of Emotionally Healthy Spirituality books dedicated to many different key areas of life. Workbooks, study guides, curriculum, and Spanish editions are also available.

Resilient Ministry The Enneagram opens a remarkable window into the truth about us, but simply diagnosing our number doesn’t do justice to who we are. Transformation happens as we grow in awareness and learn how to apply Enneagram insights to the rhythms of our daily lives. Filled with exercises to engage, challenge, encourage, and sustain, this handbook will help us grow in greater awareness and lead us to spiritual and relational transformation.

Practices of Love While spiritual formation focuses on the inner life of the Christian, the missional church discussion focuses on one’s life in the world. Nathan A. Finn and Keith S. Whitfield bring together leading evangelical voices to cast a new vision for a missional spirituality that fosters spiritual maturity while also fueling Christian evangelism, cultural engagement, and the pursuit of justice.

Perspectives on Prayer and Spirituality "You’re blessed when you’ve worked up a good appetite for God.” Matthew 5:6 The Message We live in hungry times. Ours is a consumer culture, predisposed to quickly fill the cravings of body and mind. The idea of fasting—the voluntary denial of something for a specific time, for a spiritual purpose—sets us immediately on edge. But Lynne Baab makes the case that anyone can fast. Fasting is an expression of freedom. Free from the patterns and habits that mark everyday life, from time to time we can move beyond our appetites into meaningful encounter with God. In Fasting you'll discover an ancient Christian practice that extends beyond giving up food to any regular activity in our contemporary lives. You’ll see how taking a break from eating—or driving, or checking e-mail, or watching television—opens us up to discover new things about ourselves and God and the world around us. You’ll see that while not everyone should forgo food, anyone can step out of routine to feed the soul. In a time of great spiritual hunger, God invites us all to a feast: fellowship with the Creator of the universe, where all our truest needs are identified and attended to.

De sabbat Drawn from a rich heritage, Spiritual Disciplines for the Christian Life will guide you through a carefully selected array of disciplines. By illustrating why the disciplines are important, showing how each one will help you grow in godliness, and offering practical suggestions for cultivating them, Spiritual Disciplines for the Christian Life will provide you with a refreshing opportunity to become more like Christ and grow in character and maturity. Now updated and revised to equip a new generation of readers, this anniversary edition features in-depth discussions on each of the key disciplines.

Invitations from God Gevoelens van ontevredenheid, spanning, stress, schuld en verdriet behoren tot ons dagelijks leven. En wanneer we met deze gevoelens en achterliggende oorzaken aan de gang gaan, lijkt het vaak of we in een steeds groter innerlijk conflict komen. We komen er niet uit, we vinden geen rust en vrede meer. Trevor Hudson gaat in dit boek met de lezer op zoek naar innerlijke rust en vrede. Hij doet dit door de teksten te mediteren van het bekende Gebed om Rust (The Serenity Prayer): God, geef me de rust om te accepteren wat ik niet kan veranderen. De moed om te veranderen wat ik kan, en de wijsheid om het verschil te zien. Dit gebed heeft al vele mensen aangesproken, de ogen geopend of getroost. Hudson haalt de zinnen één voor één naar voren, laat de wijsheid en troost die erin zijn en helpt te lezer dit een plaats te geven in zijn of haar eigen leven.

Loving My Actual Neighbor Many people are longing to find the footprint of God in their daily lives. This beautiful daily companion is comprised of 365 selections of scripture, commentary, meditations, and daily exercises to help readers see how they can bring their entire life into a life with Immanuel - a God who is with his people. In Richard Foster’s best-selling book, Celebration of Discipline, he explored the “classic disciplines,” or central spiritual practices of the Christian faith. Foster showed that it is only by and through these practices that the true path to spiritual growth can be found. In A Year with God, the spiritual disciplines are presented in such a way that does not destroy the soul but enables the reader to enter into a transforming life with God. Through daily spiritual exercises and
meditations, A Year with God explores eighteen spiritual disciplines. The inward disciplines of meditation, prayer, fasting, and study offer avenues of personal examination and change. The outward disciplines of simplicity, solitude, submission, and service help prepare one to make the world a better place. The corporate disciplines of confession, worship, guidance, and celebration bring one nearer to others and to God. Each discipline will be given twenty days of readings, beginning with scripture and followed by commentary, a meditation, and a spiritual exercise. Practicing these spiritual disciplines will help readers live intentionally, contributing to a more balanced spiritual life and a reformation of the inner self.

Coloring the Psalms "Reordered Love, Reordered Lives explores a distinctly Augustinian theme that is supremely relevant for the twenty-first century. Naugle explains that if we love properly - that is, if we love beginning with God and progressing to other humans, ourselves, and the world around us - we will also live properly and, in so doing, will find our own true happiness. Packed with select quotes and references to popular music, other media - and including provocative questions for discussion - the book presents classic theological ideas in a conversational and edgy fashion. Naugle's refreshing take is sure to appeal to anyone searching for happiness - which, in the end, is all of us."--BOOK JACKET.

Tending Soul, Mind, and Body Mae Elise Cannon opens the annals of activist history to see if there is a correlation between great acts of compassion and advocacy and great depths of prayer. Looking at the lives of Mother Teresa, Dietrich Bonhoeffer, Martin Luther King Jr. and others, Cannon finds a depth of spiritual practice at the root of courageous social action.

The Routledge International Handbook of Education, Religion and Values The Workbook on Spiritual Disciplines is a six-week study on spiritual disciplines for the enhancement of the devotional life. It is designed to be used by small groups, especially in the local church setting. Maxie Dunnam believes that discipline is required for the Christian life. But discipline is not to be seen as a religious practice that has merit within itself; it is a means to an end. The end toward which the discipline takes us is to grow spiritually, to mature in our Christian faith and life, to be alive in Christ.


Skills for Effective Counseling “Spirituality” has become a buzzword in our contemporary culture as individuals strive for meaning and fulfillment. Its detachment from the church and conventional definitions of religious practice highlights the seeming redundancy of what has come before. “Spirituality” in this light signals a new attempt to find wholeness unencumbered by outdated doctrines and stale rituals. It is the conviction of this publication that the intuition behind contemporary searches for spiritual reality is a good one. It acknowledges that there must be more to life than what secular media or consumerism might tell us. The joyful message of Perspectives on Prayer and Spirituality is that the spiritual quest is a valid one and worth exploring. There is treasure to be found. However, the surprise is that we must rediscover what we have left behind. In the words of G. K. Chesterton, “it is not that the Christian ideal has been tried and found wanting, rather it has been found difficult and left untried.” This book offers us the tools to mine the riches of Christian spirituality and find that elusive treasure. The title, Perspectives on Prayer and Spirituality, alerts us to the fact that life-giving spirituality stems from relationship with a personal God who can be known.


Year with God Spiritual disciplines are often viewed primarily as a means to draw us closer to God. While these practices do deepen and enrich our “vertical” relationship with God, Kyle David Bennett argues that they were originally designed to positively impact our “horizontal” relationships—with neighbors, strangers, enemies, friends, family, animals, and even the earth. Bennett explains that this “horizontal” dimension has often been overlooked or forgotten in contemporary discussions of the spiritual disciplines. This book offers an alternative way of understanding the classic spiritual disciplines that makes them relevant, doable, and meaningful for everyday Christians. Bennett shows how the disciplines are remedial practices that correct the malformed ways we do everyday things, such as think, eat, talk, own, work, and rest. Through personal anecdotes, engagement with Scripture, and vivid cultural references, he invites us to practice the spiritual disciplines wholesale and shows how changing the way we do basic human activities can bring healing, renewal, and transformation to our day-to-day lives and the world around us.

Celebration of Discipline The academic fields of religion and values have become the focus of renewed interest in contemporary thinking about human activity and its motivations. The Routledge International Handbook of Education, Religion and Values explores and expands upon a range of international research related to this revival. The book provides an authoritative overview of global
issues in religion and values, surveying the state of the academic area in contributors covering a wide range of topics. It includes emerging, controversial, and cutting-edge contributions, as well as investigations into more established areas. International authorities Arthur and Lovat have brought together experts from across the world to examine the complexity of the field of study. The handbook is organised around four key topics, which focus on both the importance of religion and values as broad fields of human enquiry, as well as in their application to education, inter-agency work and cross-cultural endeavours: -The Conceptual World of Religion and Values -Religion and Values in Education -Religion and Values in Inter-agency Work -Religion and Values in Cross-cultural Work. This comprehensive reference work combines theoretical and empirical research of international significance, and will be valuable reading for students, researchers and academics in the field of education.

Spiritual Disciplines for Children Why does one well-equipped, well-meaning person in ministry succeed while another fails? Bob Burns, Tasha Chapman and Donald Guthrie undertook a five-year intensive research project on the frontlines of pastoral ministry to answer that question. What they found was nothing less than the DNA of thriving ministry today.

Gebed om rust Religion & beliefs.

Spirituality for the Sent Do you desire a walking-and-talking relationship with God? How soul-satisfying would it be to have a 24/7 prayer life? Our Father in heaven longs for an abiding relationship with each of his children. That's what the Bible is all about—from cover to cover. That's what this biblically rich book is all about as well. Here you will find practical help to deepen your walk with God through prayer. You'll also be inspired to intercede for “everyone in your world” through a simple way to pray every day. You will also be motivated to remove any barriers to prayer in your life. Walking and Talking with God will help you go deeper in intimacy with God through prayer and will move you from praying just for your own needs to focusing on God's purposes for the world around you. As a result, may you see your own life and your world change in wonderful ways.

Fasting Aanwijzingen voor de weg naar een actieve beoefening van het geestelijk leven, bestaand uit een gehoorzame onderwerping aan een aantal regels voor gebed, vasten, onderdanigheid en dergelijke.

Spiritual Disciplines Handbook Spiritual disciplines are to the believer what medical school is to the doctor. A man came up to me at a conference where I was speaking and said, “Pat, do me a favor. Tell me how to be good. I already know how bad I am.” That statement captures the intent of this book – and the purpose of the spiritual disciplines. Spiritual strength, like surgical skill or athletic excellence, requires training and practice. To become the kind of man who walks with God and wields Christ's influence in your world, you'll want to begin a consistent regimen of spiritual exercises. In A Man's Guide to the Spiritual Disciplines, Patrick Morley highlights twelve habits that will strengthen your walk with Christ, including: -- Experiencing God in creation -- Letting the Bible change your life -- Learning the power of prayer -- Grasping God's greatness through worship -- Gaining strength through Sabbath -- Thriving because of fellowship -- Succeeding through wise counsel -- And more . . . By presenting each discipline with a concise overview, several examples, and application ideas to get you going, this powerful guidebook will help you develop the maturity every man of God was designed to reflect.

Surviving and Thriving in Seminary Richard J. Foster's Celebration of Discipline: The Path to Spiritual Growth is hailed by many as the best modern book on Christian spirituality with millions of copies sold since its original publication in 1978. In Celebration of Discipline, Foster explores the "classic Disciplines," or central spiritual practices, of the Christian faith to show how each of these areas contribute to a balanced spiritual life. Foster, the bestselling author of several books (Prayer and Streams of Living Water) and intrachurch movement founder of Renovaré, helps motivate Christians everywhere to embark on a journey of prayer and spiritual growth.

Transformed Not Conformed Details the core disciplines of Christianity and discusses how to develop daily habits that honor God.

The Three-Mile Walk Study Guide Seminary can be rich and rewarding, but also disorienting. In addition to the typical challenges of doing graduate studies, your experiences in seminary have the potential to affect how you see God, other people, and yourself. The stakes are high, but the good news is that you are not alone! In Surviving and Thriving in Seminary, two experienced professors (and former seminary students) tell you what to expect and how to navigate your years in seminary. They give you advice on how to prepare your own heart and relationships, how to manage your time and energy, and how to acquire the study skills you need. This essential book encourages and equips current and prospective seminary students to get the most out of their time in seminary.

Reordered Love, Reordered Lives Enjoy the creativity and freedom of adding color to intricate patterns paired with brief spiritual practices adapted from Adele Ahlberg Calhoun’s beloved resource Spiritual Disciplines Handbook. From the magnificence of the sun to the treasures of the deep, from the abundance of the meadows to the unique structure of a snowflake, this collection of delightfully detailed art illuminates the Psalms. Scripture provides inspiration and reflection for each of the beautiful designs in this imaginative coloring book. The art will draw you closer to God as you explore Scripture meditation, worship, breath prayer, practicing the presence of God, and more.
As Christians, we know we are called to love our neighbor. We may even grasp that “neighbor” encompasses more than just the people living next door or down the street. But what we too often don’t know is how to begin. How do we love our neighbor? Where do we start? What does this look like in our increasingly isolated world? Following practices outlined in the first chapter of 2 Peter, Alexandra Kuykendall lays out the framework for where to begin. From practicing humility to listening with understanding to being generous in our relationships, Loving My Actual Neighbor offers practical, start-now steps readers can take to love their neighbors. With her approachable, friendly tone and down-to-earth advice, Kuykendall has carved out for herself a place in the hearts of readers, who will be thrilled to extend her commonsense approach into this sphere of their lives.

De mens is niet alleen "A Morning Resolve," an Episcopal prayer printed on the inside front cover of Forward Day by Day, is a "help me tend my spiritual garden" prayer. It asks for God’s help in living a simple, sincere, and serene life—by repelling negative thoughts and attitudes (discontent, anxiety, discouragement, impurity, and self-seeking), cultivating positive attitudes (cheerfulness, magnanimity, charity, and the habit of holy silence), exercising graceful activities (economy in expenditure, diligence in appointed service, fidelity to every trust, and a childlike faith in God), practicing faithful daily habits (work, study, prayer, physical exercise, eating, and sleep), and depending on God for the strength and the will to do so. This unique devotional book for personal or small group discipleship/spiritual formation utilizes this daily prayer to guide readers as they examine and meditate on a portion of the prayer each week and examine and employ spiritual disciplines. Ultimately, the intentional crafting of a simple, sincere, and serene life is a spiritual discipline, too. Morning Resolve will guide readers into the spiritual practices that bear good fruit for a grace-filled life.

Spiritual Disciplines for the Christian Life

Although you may see yourself as merely one among millions of Christian women, God has great plans for you to leave an eternal impression on others. He has created and called you to spiritually influence those around you—your children, friends, family, co-workers, and neighbors. This practical guide will help you grow in the six fundamentals of spiritual leadership and encourage you on your own journey from ordinary woman to spiritual leader. “I not only recommend this book, I know I will be using it as I minister to women.” —Dr. Beverly Hislop, author of Shepherding a Woman’s Heart and Shepherd Women in Pain “Kay’s own experience and the stories of women that are included illustrate how powerful these truths are and how crucial they are for women who truly desire to serve God in an extraordinary way.” —Susie Hawkins, author of From One Ministry Wife to Another